

SOUTH FRASER CHAMPIONSHIPS XC 2023

Surrey,
Crescent Park
October 26, 2023



OFFICIAL MEET REPORT
printed: 2023-10-26 10:08 PM

Race #1
MEN & WOMEN (Para) • 2.05 Kilometers (1.27 Miles) Men's

Final Results

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Gap
1 GUTSCHE, Abeti	310	Saint John Paul	-	8:39.1	---

SOUTH FRASER CHAMPIONSHIPS XC 2023

Surrey,
Crescent Park
October 26, 2023



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Race #2
WOMEN (Junior) • 4 Kilometers (2.49 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Ecole Salish Seconda	21	1-3-7-10(18)(25)	1:06:07
2 Elgin Park Secondary	54	4-14-16-20(30)(34)	1:10:07
3 Robert Alexander Mc	72	2-13-22-35(38)(47)	1:11:52
4 Semiahmoo Seconda	77	5-9-23-40	1:13:15
5 Fleetwood Park Scho	94	17-24-26-27(29)(31)	1:14:13
6 Grandview Heights	96	8-15-36-37(41)(42)	1:15:42
7 Earl Marriott Seconda	105	12-21-33-39(43)(50)	1:15:40
8 Holy Cross Regional	134	6-28-48-52(60)	1:21:24
9 North Surrey Second	168	11-44-56-57	1:26:34
10 Kwantlen Park Secon	173	19-45-54-55	1:26:40
11 Lord Tweedsmuir	195	32-49-53-61(62)	1:31:53
12 Queen Elizabeth SS -	214	46-51-58-59	1:36:17

TEAM SCORING SUMMARY (cont'd)

Athlete	#	Team	Score	Time	Gap
33 SCOFFIELD, Maryn	156	Fleetwood Park	26	18:44.4	3:40.5
34 SIDHU, Maya	157	Fleetwood Park	27	18:47.2	3:43.3
35 AULAKH-KAHLON, Ta	550	Burnsview Sec	-	19:01.4	3:57.5
36 SIHOTA, Jiya	208	Holy Cross Reg	28	19:13.4	4:09.5
37 JAMIN, Carolyn	382	Surrey Christia	-	19:13.7	4:09.8
38 KORKUT, Pelin	608	Fleetwood Park	(29)	19:18.0	4:14.1
39 BLACK, Ella	586	Elgin Park Seco	(30)	19:21.6	4:17.7
40 ENGBRECHT, Taylor	152	Fleetwood Park	(31)	19:26.2	4:22.3
41 VACEK, Sydney	523	Lord Tweedsm	32	19:27.3	4:23.4
42 TOOR, Syra	334	Seaquam Seah	-	19:31.6	4:27.7
43 WOOD, Paige	543	Delta Secondar	-	19:36.3	4:32.4
44 OSTROSSER, Chloe	51	Earl Marriott Se	33	19:37.7	4:33.8
45 MASLENIKOV, Veronic	108	Elgin Park Seco	(34)	19:50.1	4:46.2
46 TAM, Adelyn	694	Robert Alexand	35	20:11.6	5:07.7
47 PINEDA, Myka	191	Grandview Heig	36	20:16.7	5:12.8
48 ALLARD, Kaylin	73	Ecole Salish Se	-	20:17.3	5:13.4
49 SUGIMOTO, Julie	194	Grandview Heig	37	20:18.4	5:14.5
50 DENHOED, Madison	689	Robert Alexand	(38)	20:21.1	5:17.2
51 HESSELS, Julia	48	Earl Marriott Se	39	20:32.9	5:29.0
52 ZHONG, Emily	357	Semiahmoo Se	40	20:41.7	5:37.8
53 MANN, Milan	189	Grandview Heig	(41)	20:42.3	5:38.4
54 DE LA CAGIGA RUBI	514	South Delta Sc	-	20:45.3	5:41.4
55 PAN, Renee	712	Richmond Seco	-	21:03.6	5:59.7
56 RAPCHUK, Katie	713	Richmond Seco	-	21:05.2	6:01.3
57 RIDLEY, Violet	633	Steveston-Lond	-	21:18.9	6:15.0
58 CHA, Elizabeth	180	Grandview Heig	(42)	21:19.2	6:15.3
59 ATANACKOVIC, Natali	547	Earl Marriott Se	(43)	21:21.3	6:17.4
60 ELSTON, Arya	181	Grandview Heig	-	21:26.9	6:23.0
61 RIDGE, Emily	549	Elgin Park Seco	-	21:30.4	6:26.5
62 SACHDEV, Jaskirat	267	North Delta Sec	-	21:36.4	6:32.5
63 AWWAD, Dania	273	North Surrey S	44	21:37.7	6:33.8
64 COVIELLO, Sarah	585	Elgin Park Seco	-	21:39.1	6:35.2
65 LARSEN, Hailey	15	Clayton Heights	-	21:44.5	6:40.6
66 TUBERA, Janine	223	Kwantlen Park	45	21:51.9	6:48.0
67 MCGRATH, Aoife	109	Elgin Park Seco	-	21:57.0	6:53.1
68 KAUR, Shaanvir	428	Queen Elizabet	46	22:05.2	7:01.3
69 LI, Amber	154	Fleetwood Park	-	22:06.9	7:03.0
70 SIERECKI, Emma	693	Robert Alexand	(47)	22:09.4	7:05.5
71 WARKENTIN, Rylin	19	Clayton Heights	-	22:10.9	7:07.0
72 CHAO, Francesca	604	Holy Cross Reg	48	22:15.7	7:11.8
73 AN, Avril	178	Grandview Heig	-	22:18.1	7:14.2
74 SYAL, Zaara	534	Lord Tweedsm	49	22:18.9	7:15.0
75 BASRA, Aneeka	179	Grandview Heig	-	22:19.7	7:15.8
76 ROZANDER, Neila	384	Surrey Christia	-	22:35.9	7:32.0
77 OLESKO, Siena	50	Earl Marriott Se	(50)	22:35.9	7:32.0
78 KAUR, Jessica	429	Queen Elizabet	51	22:40.4	7:36.5

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Gap
1 DEHAL, Sasha	297	Panorama Ridg	-	15:03.9	---
2 SANDHU, Janaya	80	Ecole Salish Se	1	15:34.6	30.7
3 KENNEDY, Katherine	690	Robert Alexand	2	16:02.2	58.3
4 VIVANCO, Isla	82	Ecole Salish Se	3	16:15.8	1:11.9
5 AZADEH, Bahar	100	Elgin Park Seco	4	16:16.1	1:12.2
6 BOORA, Harjananat	118	Enver Creek Se	-	16:19.7	1:15.8
7 DESROSIERS, Chante	350	Semiahmoo Se	5	16:44.9	1:41.0
8 STEFANOVIC, Mina	364	Southpointe Ac	-	16:47.6	1:43.7
9 ZENONE, Sofia	209	Holy Cross Reg	6	16:51.9	1:48.0
10 INKMAN, Alex	77	Ecole Salish Se	7	17:02.3	1:58.4
11 MACDONALD, Eva	188	Grandview Heig	8	17:10.5	2:06.6
12 POTASH, Eva	354	Semiahmoo Se	9	17:13.3	2:09.4
13 KILMARTIN, Zetta	78	Ecole Salish Se	10	17:14.1	2:10.2
14 VIPLER, Annika	556	Burnsview Sec	-	17:15.8	2:11.9
15 VILLARIZA, Maria	284	North Surrey S	11	17:17.8	2:13.9
16 SIMPSON, Lauren	52	Earl Marriott Se	12	17:19.4	2:15.5
17 KUMP, Ruby	691	Robert Alexand	13	17:19.6	2:15.7
18 DECKERT, Natalia	101	Elgin Park Seco	14	17:41.6	2:37.7
19 JUBY, Taru	552	Burnsview Sec	-	17:51.5	2:47.6
20 METHNER, Ana	190	Grandview Heig	15	17:56.2	2:52.3
21 MONTIEL JORGENSE	110	Elgin Park Seco	16	18:00.0	2:56.1
22 ARLITT, Regan	150	Fleetwood Park	17	18:03.8	2:59.9
23 BROOKS, Aven	74	Ecole Salish Se	(18)	18:07.8	3:03.9
24 BAILEY, Paige	221	Kwantlen Park	19	18:09.1	3:05.2
25 SAHOTA, Neha	112	Elgin Park Seco	20	18:09.2	3:05.3
26 BLAIR, Anna	437	Earl Marriott Se	21	18:09.6	3:05.7
27 NASHLUND, Rebecca	692	Robert Alexand	22	18:18.4	3:14.5
28 UNDERHILL, Camryn	40	Delta Secondar	-	18:28.7	3:24.8
29 DESROSIERS, Ava	349	Semiahmoo Se	23	18:35.1	3:31.2
30 LUO, Jessica	155	Fleetwood Park	24	18:36.7	3:32.8
31 HARASYMOW, Journe	76	Ecole Salish Se	(25)	18:37.5	3:33.6
32 CHAN, Chloe	630	Steveston-Lond	-	18:39.7	3:35.8

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WOMEN (Junior) • 4 Kilometers (2.49 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Gap
79 OCHITWA, Chloe	711	Richmond Seco	-	22:55.5	7:51.6
80 DHUNNA, Twinkle	206	Holy Cross Reg	52	23:02.4	7:58.5
81 SYAL, Mia	533	Lord Tweedsm	53	23:04.0	8:00.1
82 GAY, Lucky	474	Kwantlen Park	54	23:10.7	8:06.8
83 SYMONS, Sophia	113	Elgin Park Seco	-	23:21.6	8:17.7
84 ZOU, Xiu	224	Kwantlen Park	55	23:28.2	8:24.3
85 BHANDAL, Amrit	265	North Delta Sec	-	23:40.2	8:36.3
86 SUNDARARANGAN B	282	North Surrey S	56	23:44.1	8:40.2
87 DHALIWAL, Anaeya	102	Elgin Park Seco	-	23:48.3	8:44.4
88 GREEN, Claire	632	Steveston-Lond	-	23:50.7	8:46.8
89 BRUCE, Elise	275	North Surrey S	57	23:54.4	8:50.5
90 MO, Thea Yunjiao	49	Earl Marriott Se	-	23:56.7	8:52.8
91 YANG, Joyce	53	Earl Marriott Se	-	24:19.9	9:16.0
92 LANGEN, Tamy	34	Delta Secondar	-	25:40.5	10:36.
93 KAUR, Sehajpreet	423	Queen Elizabet	58	25:43.5	10:39.
94 ORTIZ URIOTEGUI, H	599	Queen Elizabet	59	25:47.7	10:43.
95 DAO, Cecilia	568	Holy Cross Reg	(60)	26:36.1	11:32.
96 ZHU, Hannah	302	Panorama Ridg	-	26:47.8	11:43.
97 MADASKI, Maelle	535	Lord Tweedsm	61	27:02.6	11:58.
98 HUDSON, Izzy	106	Elgin Park Seco	-	27:04.9	12:01.
99 STEPHENS, Brooklynn	522	Lord Tweedsm	(62)	27:10.2	12:06.
100 SHERGILL, Avneet	301	Panorama Ridg	-	27:12.5	12:08.

SOUTH FRASER CHAMPIONSHIPS XC 2023

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Race #3
MEN (Junior) • 4 Kilometers (2.49 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Fleetwood Park Scho	39	5-7-9-18(29)(35)	58:05
2 Ecole Salish Seconda	49	1-12-17-19(31)(46)	57:57
3 Robert Alexander Mc	93	4-8-33-48(67)(72)	1:00:23
4 Grandview Heights	97	2-16-38-41(71)(86)	1:00:45
5 Semiahmoo Seconda	103	6-26-32-39(49)(50)	1:01:59
6 Delta Secondary	134	20-22-28-64(81)(84)	1:04:28
7 Clayton Heights Seco	138	3-37-44-54(62)(63)	1:02:52
8 Lord Tweedsmuir	140	13-25-43-59(70)	1:04:11
9 Richmond Secondary	155	21-24-45-65(77)(80)	1:05:34
10 Panorama Ridge Sec	158	10-15-58-75(85)	1:05:41
11 Surrey Christian	166	14-27-47-78(82)	1:06:14
12 Steveston-London Se	181	23-36-56-66	1:07:01
13 Holy Cross Regional	197	11-30-73-83	1:12:50
14 Southridge School	203	34-52-57-60(74)	1:07:46
15 White Rock Christian	220	51-53-55-61(68)	1:08:52
16 Pacific Academy	227	40-42-69-76(79)	1:09:55

TEAM SCORING SUMMARY (cont'd)

Athlete	#	Team	Score	Time	Gap
29 CHEN, Justin	716	Richmond Seco	21	15:34.1	2:37.9
30 GRUND, Joshua	21	Delta Secondar	22	15:34.8	2:38.6
31 NG, Ryan	636	Steveston-Lond	23	15:35.7	2:39.5
32 QIU, Joe	720	Richmond Seco	24	15:37.4	2:41.2
33 SYAL, Nikhail	531	Lord Tweedsm	25	15:39.0	2:42.8
34 DENG, Kevin	337	Semiahmoo Se	26	15:41.4	2:45.2
35 CHAPMAN, Koen	376	Surrey Christia	27	15:42.0	2:45.8
36 CROOK, Brennan	20	Delta Secondar	28	15:42.6	2:46.4
37 JOHNSON, Logan	132	Fleetwood Park	(29)	15:43.3	2:47.1
38 ABRAMSKI, James	195	Holy Cross Reg	30	15:45.2	2:49.0
39 ANSLEY, Zachary	54	Ecole Salish Se	(31)	15:45.6	2:49.4
40 ZHU, Peyton	348	Semiahmoo Se	32	15:46.2	2:50.0
41 NASHLUND, Benji	699	Robert Alexand	33	15:49.2	2:53.0
42 LI, Jesse	489	Southridge Sch	34	15:51.2	2:55.0
43 NAGRA, Manjot	137	Fleetwood Park	(35)	15:53.6	2:57.4
44 RITCHIE, Liam	742	J.N. Burnett	-	15:56.9	3:00.7
45 ZHANG, Lucas	637	Steveston-Lond	36	16:08.1	3:11.9
46 REYES, Renzo	10	Clayton Heights	37	16:08.7	3:12.5
47 CHAPOLE, Simranjeet	262	North Delta Sec	-	16:12.6	3:16.4
48 WILSON, Hunter	175	Grandview Heig	38	16:14.8	3:18.6
49 GILL, Ajjay	338	Semiahmoo Se	39	16:16.5	3:20.3
50 MCKENZIE, Paul	463	Pacific Academ	40	16:17.1	3:20.9
51 RIETVELD, Nolan	170	Grandview Heig	41	16:19.6	3:23.4
52 CANTOS, Lucas	464	Pacific Academ	42	16:22.6	3:26.4
53 SIDHU, Jagvir	574	Lord Tweedsm	43	16:24.6	3:28.4
54 KARLSEN, Rowan	7	Clayton Heights	44	16:25.9	3:29.7
55 DONG, Eason	359	Southpointe Ac	-	16:32.9	3:36.7
56 LAU, Tristan	719	Richmond Seco	45	16:34.3	3:38.1
57 KILL SUHL, Davis	61	Ecole Salish Se	(46)	16:34.3	3:38.1
58 ZHANG, Daniel	98	Elgin Park Seco	-	16:34.7	3:38.5
59 ROZMUS, William	360	Southpointe Ac	-	16:35.1	3:38.9
60 MIRANDA, Ariel	566	Queen Elizabet	-	16:37.4	3:41.2
61 DER, Andrew	365	Sullivan Height	-	16:38.1	3:41.9
62 LAIDLAW, Mason	378	Surrey Christia	47	16:38.9	3:42.7
63 WANG, Aiden	702	Robert Alexand	48	16:42.0	3:45.8
64 RAO, Yian	343	Semiahmoo Se	(49)	16:43.3	3:47.1
65 MALDONADO, Noel	62	Ecole Salish Se	-	16:45.7	3:49.5
66 CHIANG, Jonathan	684	Richmond Chris	-	16:47.2	3:51.0
67 JONSSON, Bjorn	269	North Surrey S	-	16:51.9	3:55.7
68 ROTH, Keegan	442	Fleetwood Park	-	16:54.2	3:58.0
69 BARSTOW, Clayten	669	Hugh Boyd Sec	-	16:57.7	4:01.5
70 HENDERSON, Caiden	339	Semiahmoo Se	(50)	16:59.4	4:03.2
71 CHIU, Austin	394	White Rock Chr	51	17:01.6	4:05.4
72 LI, James	488	Southridge Sch	52	17:02.8	4:06.6
73 LANG, Marcus	270	North Surrey S	-	17:03.0	4:06.8
74 ZHOU, Alexander	413	White Rock Chr	53	17:03.4	4:07.2

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Gap
1 SANDHU, Arjun	68	Ecole Salish Se	1	12:56.2	---
2 GEDDES, Jericho	165	Grandview Heig	2	13:02.4	6.2
3 JOHNSTON, Isaiah	5	Clayton Heights	3	13:07.2	11.0
4 NESTMANN, Henry	325	Seaquam Seah	-	13:14.3	18.1
5 NISHI, Colin	700	Robert Alexand	4	13:30.7	34.5
6 NARBETT, Kouken	741	Hugh Boyd Sec	-	13:38.7	42.5
7 NAGRA, Abhiraj	136	Fleetwood Park	5	14:09.2	1:13.0
8 JANZEN, Fraser	541	Semiahmoo Se	6	14:14.4	1:18.2
9 GAFF, Tre	645	Matthew McNai	-	14:17.7	1:21.5
10 SANDHU, Jason	141	Fleetwood Park	7	14:19.8	1:23.6
11 ELLISON, Wyatt	697	Robert Alexand	8	14:20.6	1:24.4
12 ROTH, Tyler	140	Fleetwood Park	9	14:26.4	1:30.2
13 ATHWAL, Jaideep	286	Panorama Ridg	10	14:30.3	1:34.1
14 KUAC, Martin	201	Holy Cross Reg	11	14:31.8	1:35.6
15 WOODE, Nolan	71	Ecole Salish Se	12	14:40.7	1:44.5
16 KAILA, Shae	520	Lord Tweedsm	13	14:42.2	1:46.0
17 BUYS, Tyus	375	Surrey Christia	14	14:43.4	1:47.2
18 CAMPBELL, Emmett	287	Panorama Ridg	15	14:46.3	1:50.1
19 KEVIN, zhang	610	Johnston Heigh	-	14:48.0	1:51.8
20 VELOSO, Gabriel	579	Sullivan Height	-	14:55.5	1:59.3
21 ADDISU, Simon	592	Sullivan Height	-	15:00.4	2:04.2
22 SHEN, Thomas	172	Grandview Heig	16	15:08.1	2:11.9
23 KAJLA, Darian	59	Ecole Salish Se	17	15:08.7	2:12.5
24 GOODING, Alex	130	Fleetwood Park	18	15:08.7	2:12.5
25 GROAT, Brayden	56	Ecole Salish Se	19	15:10.5	2:14.3
26 RICHARDSON, Parker	25	Delta Secondar	20	15:24.3	2:28.1
27 NESTMANN, Jackson	326	Seaquam Seah	-	15:27.0	2:30.8
28 MCPHERSON, Caelan	513	South Delta Sc	-	15:33.6	2:37.4

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Race #3
MEN (Junior) • 4 Kilometers (2.49 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Gap	Athlete	#	Team	Score	Time	Gap
75 LESLIE, Conner	8	Clayton Heights	54	17:09.5	4:13.3	121 TIAN, Eric	721	Richmond Seco	(80)	19:53.9	6:57.7
76 GRENIER, Cody	425	Queen Elizabet	-	17:12.0	4:15.8	122 DAHL, Teagan	583	South Delta Sc	-	20:24.6	7:28.4
77 WANG, George	410	White Rock Chr	55	17:13.5	4:17.3	123 RUIZ-MARTINEZ, Benj	218	Kwantlen Park	-	21:15.5	8:19.3
78 CALLEJA SOLANO, Iv	516	South Delta Sc	-	17:14.2	4:18.0	124 PADAYACHI, Nathan	217	Kwantlen Park	-	21:16.4	8:20.2
79 LOCKWOOD, Logan	564	Queen Elizabet	-	17:15.2	4:19.0	125 CHARLESTON, Adam	542	Semiahmoo Se	-	21:37.2	8:41.0
80 ZHAO, Justin	638	Steveston-Lond	56	17:15.7	4:19.5	126 BOETTCHER, Alexand	696	Robert Alexand	-	21:52.5	8:56.3
81 ZHANG, Shane	501	Southridge Sch	57	17:19.3	4:23.1	127 WYLIE, Samuel	26	Delta Secondar	(81)	22:02.4	9:06.2
82 ASFAW, Adam	470	Kwantlen Park	-	17:23.1	4:26.9	128 CHOI, Ethan	377	Surrey Christia	(82)	22:58.9	10:02.
83 THEROULDE, Blake	295	Panorama Ridg	58	17:23.2	4:27.0	129 WILBOURN, Cade	204	Holy Cross Reg	83	23:51.6	10:55.
84 ANDERSON, Myles	536	Lord Tweedsm	59	17:25.2	4:29.0	130 KRISTOFF, Aaron	22	Delta Secondar	(84)	24:34.8	11:38.
85 PARK, Ryan	494	Southridge Sch	60	17:32.7	4:36.5	131 HAILO, Samy	569	Princess Marga	-	26:00.3	13:04.
86 MAJSTOROVIC, Aleks	559	White Rock Chr	61	17:33.4	4:37.2	132 OLAJUJI, Josh	483	Panorama Ridg	(85)	29:01.2	16:05.
87 CHEN, Nathan	670	Hugh Boyd Sec	-	17:34.7	4:38.5	133 MOON, Jordan	169	Grandview Heig	(86)	29:56.0	16:59.
88 ATENDIDO, Lorenzo	1	Clayton Heights	(62)	17:35.0	4:38.8						
89 KARLSEN, Kai	6	Clayton Heights	(63)	17:35.3	4:39.1						
90 NAISMITH, Silas	664	Hugh McRobert	-	17:41.2	4:45.0						
91 MCKIM, Lucas	23	Delta Secondar	64	17:45.7	4:49.5						
92 JOHAL, Arjun	503	Enver Creek Se	-	17:46.0	4:49.8						
93 WANG, Jason	540	Semiahmoo Se	-	17:46.4	4:50.2						
94 CHENG, Marcus	717	Richmond Seco	65	17:48.1	4:51.9						
95 MAYAN, Caleb	658	A.R. MacNeill S	-	17:51.4	4:55.2						
96 MCRAE, Gavin	93	Elgin Park Seco	-	17:54.8	4:58.6						
97 CHAN, Aaron	634	Steveston-Lond	66	18:00.8	5:04.6						
98 RAJA, Christopher	701	Robert Alexand	(67)	18:01.6	5:05.4						
99 WANG, Leo	145	Fleetwood Park	-	18:03.8	5:07.6						
100 ELGUEZABAL, Elijah	395	White Rock Chr	(68)	18:07.2	5:11.0						
101 WANG, Daniel	627	Pacific Academ	69	18:08.5	5:12.3						
102 YU, Marlon	272	North Surrey S	-	18:09.1	5:12.9						
103 SYAL, Aryan	532	Lord Tweedsm	(70)	18:10.7	5:14.5						
104 KHANGURA, Arjun	167	Grandview Heig	(71)	18:11.2	5:15.0						
105 BRAR, Prabhdeep	593	Enver Creek Se	-	18:15.1	5:18.9						
106 ZALAMEDA, Sean	148	Fleetwood Park	-	18:18.1	5:21.9						
107 BIELLI, Ben	695	Robert Alexand	(72)	18:20.9	5:24.7						
108 TAYLOR, Niall	203	Holy Cross Reg	73	18:41.1	5:44.9						
109 XU, Michael	497	Southridge Sch	(74)	18:46.0	5:49.8						
110 BOLDEPERSON, Rylan	55	Ecole Salish Se	-	18:46.1	5:49.9						
111 COVIELLO, Ryan	587	Elgin Park Seco	-	18:51.8	5:55.6						
112 CALERT, Joshua	358	Southpointe Ac	-	18:53.8	5:57.6						
113 LY, Tyler	698	Robert Alexand	-	18:57.4	6:01.2						
114 DUMAS, Jordan	290	Panorama Ridg	75	19:01.2	6:05.0						
115 PINEDA, Joaquim	578	Pacific Academ	76	19:06.0	6:09.8						
116 GHERIANI, Ehab	718	Richmond Seco	(77)	19:06.4	6:10.2						
117 YANG, Bruce	346	Semiahmoo Se	-	19:08.4	6:12.2						
118 CHAN, Ethan	656	A.R. MacNeill S	-	19:08.9	6:12.7						
119 PALMER, Jack	381	Surrey Christia	78	19:08.9	6:12.7						
120 KUO, Josh	602	Pacific Academ	(79)	19:24.2	6:28.0						

SOUTH FRASER CHAMPIONSHIPS XC 2023

Surrey,
Crescent Park
October 26, 2023



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Race #4
WOMEN (Senior) • 5 Kilometers (3.11 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Saint John Paul II Ac	32	2-5-9-16(45)	1:20:01
2 Southridge School	57	1-3-4-49	1:21:50
3 White Rock Christian	62	10-11-18-23(38)(39)	1:26:09
4 Pacific Academy	64	7-8-22-27(33)(35)	1:26:44
5 Grandview Heights	106	6-28-29-43	1:31:05
6 Richmond Secondary	110	24-25-30-31(36)(50)	1:32:34
7 Delta Secondary	113	17-19-37-40(46)(52)	1:33:00
8 Seaquam Seahawks	120*	21-26-32-41(44)	1:33:50
9 Hugh McRoberts Sec	120*	13-14-42-51	1:34:57
10 Ecole Salish Seconda	129	12-15-48-54	1:37:31
11 Queen Elizabeth SS -	154	20-34-47-53	1:41:19

***Tiebreakers**

Seaquam Seahawks	21	26	32	41	44	Hugh McRoberts Secondary
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TEAM SCORING SUMMARY (cont'd)

Athlete	#	Team	Score	Time	Gap
28 STEPHAN, Jasmin	38	Delta Secondar	19	22:23.1	5:16.6
29 SHUI, Rey	430	Queen Elizabet	20	22:26.9	5:20.4
30 CHERRIS-EVA, Sasha	329	Seaquam Seah	21	22:31.5	5:25.0
31 SCHULZ, Emmy	460	Pacific Academ	22	22:35.2	5:28.7
32 BRIGHT, Julia	415	White Rock Chr	23	22:36.0	5:29.5
33 SUN, Solenn	355	Semiahmoo Se	-	22:40.8	5:34.3
34 SUN, Annie	725	Richmond Seco	24	22:44.8	5:38.3
35 DU, Amy	722	Richmond Seco	25	22:56.6	5:50.1
36 HONG, Kailey	511	Seaquam Seah	26	22:57.4	5:50.9
37 JONES, Sophia	455	Pacific Academ	27	23:00.0	5:53.5
38 ANDERSEN, Leah	672	Hugh Boyd Sec	-	23:04.5	5:58.0
39 SIDHU, Reesha	193	Grandview Heig	28	23:05.4	5:58.9
40 KIM, Riley	185	Grandview Heig	29	23:05.8	5:59.3
41 RAI, Parneet	299	Panorama Ridg	-	23:09.2	6:02.7
42 BAROLA, Janna	728	Richmond Seco	30	23:25.4	6:18.9
43 WEI, Leanne	730	Richmond Seco	31	23:26.8	6:20.3
44 MURRELL, Claire	331	Seaquam Seah	32	23:34.1	6:27.6
45 LENSINK, Nadia	459	Pacific Academ	(33)	23:46.5	6:40.0
46 KOONER, Anaya	674	Hugh Boyd Sec	-	23:57.1	6:50.6
47 HARTMANS, Maya	431	Queen Elizabet	34	23:57.3	6:50.8
48 HANSEN, Elle	461	Pacific Academ	(35)	24:01.0	6:54.5
49 WANG, Theresa	729	Richmond Seco	(36)	24:06.4	6:59.9
50 SEIDEN, Mckenzie	456	Pacific Academ	-	24:08.6	7:02.1
51 POUND, Hayven	451	Pacific Academ	-	24:08.7	7:02.2
52 CHIANG, Claire	686	Richmond Chris	-	24:09.8	7:03.3
53 REDDY, Harashri	36	Delta Secondar	37	24:23.3	7:16.8
54 FANG, Rachel	417	White Rock Chr	(38)	24:23.7	7:17.2
55 LALOU, Yamna	304	Princess Marga	-	24:24.5	7:18.0
56 ANTENBRING, Kate	414	White Rock Chr	(39)	24:31.5	7:25.0
57 BATALLER MOLLA, Ju	29	Delta Secondar	40	24:41.3	7:34.8
58 BURGE, Olivia	416	White Rock Chr	-	24:44.8	7:38.3
59 ROGERS, Sadie	421	White Rock Chr	-	24:45.6	7:39.1
60 DASS, Anika	510	Seaquam Seah	41	24:46.3	7:39.8
61 LAWWRANCE, Megan	668	Hugh McRobert	42	24:46.8	7:40.3
62 DYCK, Mazzy	186	Grandview Heig	43	25:05.2	7:58.7
63 HUI, Charlotte	462	Pacific Academ	-	25:06.4	7:59.9
64 TOOR, Priya	333	Seaquam Seah	(44)	25:11.0	8:04.5
65 ASSOON, Keira	639	Steveston-Lond	-	25:16.0	8:09.5
66 ALVARADO, Alejandra	314	Saint John Paul	(45)	25:21.1	8:14.6
67 KERESZTURI, Emma	277	North Surrey S	-	25:21.3	8:14.8
68 KUENAST, Sarah	33	Delta Secondar	(46)	25:34.1	8:27.6
69 KAUR, Tegvir	432	Queen Elizabet	47	25:56.8	8:50.3
70 WAGER, Celia	83	Ecole Salish Se	48	25:59.3	8:52.8
71 EICHHORST, Ava	485	Southridge Sch	49	26:05.6	8:59.1
72 LI, Cindy	727	Richmond Seco	(50)	26:30.3	9:23.8
73 DAMIANO PATERSON	666	Hugh McRobert	51	27:52.9	10:46.

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Gap
1 HODGSON, Maella	104	Elgin Park Seco	-	17:06.5	---
2 MCDONALD, Rachel	493	Southridge Sch	1	17:44.9	38.4
3 DEE, Veronica	317	Saint John Paul	2	18:15.6	1:09.1
4 MCDONALD, Catelin	491	Southridge Sch	3	18:27.7	1:21.2
5 MCDONALD, Meghan	492	Southridge Sch	4	19:31.1	2:24.6
6 DEE, Ellyse	316	Saint John Paul	5	19:39.5	2:33.0
7 SELVAGE, Natalie	192	Grandview Heig	6	19:48.2	2:41.7
8 PIVA, Faith	555	Burnsview Sec	-	20:17.1	3:10.6
9 RODWAY, Ava	447	Pacific Academ	7	20:30.7	3:24.2
10 FANTAYE, Setota	452	Pacific Academ	8	20:37.8	3:31.3
11 KING, Lucie	318	Saint John Paul	9	20:44.2	3:37.7
12 WATSON, Averie	422	White Rock Chr	10	20:45.1	3:38.6
13 PINTO, Vanessa	420	White Rock Chr	11	20:45.4	3:38.9
14 SMERDON, Noa	703	Robert Alexand	-	20:49.2	3:42.7
15 SOTI, Josie	81	Ecole Salish Se	12	20:55.4	3:48.9
16 THACKWRAY, Kya	665	Hugh McRobert	13	20:59.8	3:53.3
17 HOGARTH-WOOD, Lil	105	Elgin Park Seco	-	21:01.6	3:55.1
18 CELIK, Dila	641	J.N. Burnett	-	21:11.2	4:04.7
19 CHEN, Renee	667	Hugh McRobert	14	21:16.7	4:10.2
20 NGUYEN, Therese	79	Ecole Salish Se	15	21:17.7	4:11.2
21 BURTON-SMITH, Hop	315	Saint John Paul	16	21:21.7	4:15.2
22 WEIL, Selina	42	Delta Secondar	17	21:31.7	4:25.2
23 LAU, Merina	363	Southpointe Ac	-	21:38.6	4:32.1
24 RICHARDSON, Veroni	597	Fleetwood Park	-	21:42.9	4:36.4
25 LIAO, Jordyn	419	White Rock Chr	18	22:02.5	4:56.0
26 NGUYEN, Sonia	642	J.N. Burnett	-	22:10.6	5:04.1
27 STOLZE, Lucia	675	Hugh Boyd Sec	-	22:22.4	5:15.9

SOUTH FRASER CHAMPIONSHIPS XC 2023

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Race #4
WOMEN (Senior) • 5 Kilometers (3.11 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Gap
74 TEODOSIO, Yiezia	268	North Delta Sec	-	28:52.6	11:46.
75 VOLKHOLZ, Emma	600	Delta Secondar	(52)	28:55.4	11:48.
76 KANDAWALA, Sumayy	562	Queen Elizabet	53	28:57.2	11:50.
77 DANG, Hanna	75	Ecole Salish Se	54	29:18.0	12:11.

SOUTH FRASER CHAMPIONSHIPS XC 2023

Surrey,
Crescent Park
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Race #5
MEN (Senior) • 5 Kilometers (3.11 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Elgin Park Secondary	50	2-4-12-32(34)(38)	1:05:22
2 LA Matheson Mustan	55	1-11-17-26(36)(41)	1:07:43
3 White Rock Christian	57	8-15-16-18(19)(20)	1:09:54
4 Robert Alexander Mc	72	7-14-21-30(40)	1:10:18
5 Fleetwood Park Scho	78	6-22-23-27(28)(71)	1:10:33
6 Queen Elizabeth SS -	97	9-13-31-44(58)(66)	1:11:55
7 Semiahmoo Seconda	114	3-29-33-49(64)	1:11:55
8 Pacific Academy	130	5-37-43-45(84)(85)	1:13:38
9 Seaquam Seahawks	149	25-35-39-50(60)(79)	1:16:40
10 Saint John Paul II Ac	167	10-47-48-62(67)(82)	1:18:34
11 Hugh Boyd Secondar	205	24-53-56-72	1:23:15
12 Richmond Secondary	229	51-52-61-65(68)(70)	1:24:16
13 Kwantlen Park Secon	231	46-57-59-69(74)(83)	1:24:56
14 Grandview Heights	245	42-54-73-76(77)	1:27:39
15 Ecole Salish Seconda	271	55-63-75-78(80)(81)	1:30:52

TEAM SCORING SUMMARY (cont'd)

Athlete	#	Team	Score	Time	Gap
30 AL MAWAS, Ahmad Al	226	LA Matheson M	26	18:20.6	3:48.0
31 ROTH, Toby	139	Fleetwood Park	27	18:21.9	3:49.3
32 FERNANDO, Jaden	129	Fleetwood Park	(28)	18:22.0	3:49.4
33 ZHU, Paul	347	Semiahmoo Se	29	18:22.9	3:50.3
34 BRIDSON, Elliot	707	Robert Alexand	30	18:23.4	3:50.8
35 HERNANDEZ, Carlos	439	Queen Elizabet	31	18:23.4	3:50.8
36 DUMONT, Dylan	86	Elgin Park Seco	32	18:29.3	3:56.7
37 LEE, William	342	Semiahmoo Se	33	18:31.9	3:59.3
38 GORDON, Joshua	396	White Rock Chr	-	18:46.5	4:13.9
39 GREEN, Anderson	87	Elgin Park Seco	(34)	18:49.0	4:16.4
40 WILCH, Jonathan	328	Seaquam Seah	35	18:49.6	4:17.0
41 SIDHU, Gurman	251	LA Matheson M	(36)	18:51.9	4:19.3
42 MORAN, Ethan	446	Pacific Academ	37	18:53.7	4:21.1
43 SAHOTA, Aikam	97	Elgin Park Seco	(38)	18:57.6	4:25.0
44 PREIDEL, Max	327	Seaquam Seah	39	19:07.0	4:34.4
45 CHAN, Bodhi	708	Robert Alexand	(40)	19:10.7	4:38.1
46 MAHAL, Jashan	243	LA Matheson M	(41)	19:16.0	4:43.4
47 SZE, Edwin	173	Grandview Heig	42	19:16.4	4:43.8
48 TAYLOR, Anderson	454	Pacific Academ	43	19:24.8	4:52.2
49 BRACH, Harwin	563	Queen Elizabet	44	19:26.0	4:53.4
50 MANGALINDAN, Gabri	202	Holy Cross Reg	-	19:31.4	4:58.8
51 STOW, Isaac	453	Pacific Academ	45	19:34.7	5:02.1
52 DE LEEUW, Adam	288	Panorama Ridg	-	19:46.3	5:13.7
53 DHALIWAL, Dhruv	289	Panorama Ridg	-	19:47.0	5:14.4
54 DALLEY, Matthew	211	Kwantlen Park	46	19:50.1	5:17.5
55 LOWE, Owen	44	Earl Marriott Se	-	19:50.4	5:17.8
56 FERGUSON, Ty	309	Saint John Paul	47	20:04.7	5:32.1
57 BRIESKORN, Jasper	655	A.R. MacNeill S	-	20:06.5	5:33.9
58 ALVARADO, Francisco	305	Saint John Paul	48	20:07.2	5:34.6
59 REHMAN, Bennett	407	White Rock Chr	-	20:10.5	5:37.9
60 HUANG, Elvis	340	Semiahmoo Se	49	20:11.4	5:38.8
61 CHAHAL, Gursewak	231	LA Matheson M	-	20:22.7	5:50.1
62 FASTENAU, Marvin	323	Seaquam Seah	50	20:25.6	5:53.0
63 CHAO, Benedict	197	Holy Cross Reg	-	20:27.6	5:55.0
64 MADATYAN, Mark	735	Richmond Seco	51	20:27.7	5:55.1
65 LU, Hans	740	Richmond Seco	52	20:27.8	5:55.2
66 GUO, Frank	682	Hugh Boyd Sec	53	20:37.1	6:04.5
67 ISBISTER, Grant	166	Grandview Heig	54	20:42.6	6:10.0
68 MASZTALAR, Johnnie	63	Ecole Salish Se	55	20:46.2	6:13.6
69 GILL, Noor	236	LA Matheson M	-	20:49.7	6:17.1
70 SAEED, Abdulkarim	249	LA Matheson M	-	20:51.1	6:18.5
71 SAMUELE, Longo	679	Hugh Boyd Sec	56	20:54.2	6:21.6
72 MASSAH, David	216	Kwantlen Park	57	21:04.2	6:31.6
73 EL-NAJJAR, Omar	385	Tamanawis Sec	-	21:16.2	6:43.6
74 QUINTANILLA ALVAR	434	Queen Elizabet	(58)	21:19.2	6:46.6
75 QIAO, Daniel	477	Kwantlen Park	59	21:20.8	6:48.2

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Gap
1 MULUGETA, Yemane	246	LA Matheson M	1	14:32.6	---
2 HODGSON, James	90	Elgin Park Seco	2	14:46.4	13.8
3 BRITTAI, Steven	336	Semiahmoo Se	3	14:47.9	15.3
4 NICOL, Connor	94	Elgin Park Seco	4	14:59.5	26.9
5 HOLMES, Max	450	Pacific Academ	5	15:44.5	1:11.9
6 LIU, Joe	591	Fleetwood Park	6	15:56.4	1:23.8
7 KENNEDY, Zack	704	Robert Alexand	7	16:17.5	1:44.9
8 ISAK, Reuben	400	White Rock Chr	8	16:28.2	1:55.6
9 HAMARY, Aadil	424	Queen Elizabet	9	16:41.1	2:08.5
10 KING, Charlie	312	Saint John Paul	10	16:43.5	2:10.9
11 MOHAMMED, Ased	244	LA Matheson M	11	16:58.9	2:26.3
12 CAI, Justin	84	Elgin Park Seco	12	17:06.2	2:33.6
13 PANNU, Armaan	45	Earl Marriott Se	-	17:09.0	2:36.4
14 MARCADO, Sebastian	436	Queen Elizabet	13	17:23.8	2:51.2
15 RUUS, Ben	706	Robert Alexand	14	17:39.6	3:07.0
16 GARDIYA, Enidu	263	North Delta Sec	-	17:46.5	3:13.9
17 TRIVEDI, Athurv	409	White Rock Chr	15	17:47.0	3:14.4
18 LEE, Daxton	401	White Rock Chr	16	17:47.3	3:14.7
19 KHAIRA, Jasmeet	242	LA Matheson M	17	17:50.1	3:17.5
20 ISAK, Caleb	399	White Rock Chr	18	17:50.7	3:18.1
21 ZHANG, Will	412	White Rock Chr	(19)	17:51.9	3:19.3
22 BERGHAMMER, Ashto	391	White Rock Chr	(20)	17:53.0	3:20.4
23 FUNAYAMA, Seita	709	Robert Alexand	21	17:57.4	3:24.8
24 RIVERA, Nicolas	138	Fleetwood Park	22	18:00.0	3:27.4
25 STOBBE, Harrison	408	White Rock Chr	-	18:07.6	3:35.0
26 LIN, Andrew	133	Fleetwood Park	23	18:14.4	3:41.8
27 SUN, Jet	677	Hugh Boyd Sec	24	18:15.4	3:42.8
28 MCBRIDE, Nolan	324	Seaquam Seah	25	18:17.6	3:45.0
29 SPENCE, Tyler	496	Southridge Sch	-	18:19.5	3:46.9

SOUTH FRASER CHAMPIONSHIPS XC 2023Surrey,
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MEN (Senior) • 5 Kilometers (3.11 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Gap
76 DELACUESTA, Luke	320	Seaquam Seah	(60)	21:27.0	6:54.4
77 SHEN, Terry	737	Richmond Seco	61	21:30.8	6:58.2
78 WATT, Damien	467	Saint John Paul	62	21:38.3	7:05.7
79 WATES, Alex	468	Ecole Salish Se	63	21:38.8	7:06.2
80 MATHEW, Liam	405	White Rock Chr	-	21:40.4	7:07.8
81 GUTIERREZ, Sammy	398	White Rock Chr	-	21:40.8	7:08.2
82 ZHANG, Daniel	573	Semiahmoo Se	(64)	21:47.8	7:15.2
83 LI, Danny	739	Richmond Seco	65	21:49.7	7:17.1
84 GREWAL, Ivraj	238	LA Matheson M	-	21:51.8	7:19.2
85 GARCIA, Dyllan	435	Queen Elizabet	(66)	21:52.8	7:20.2
86 HEER, Neyk	311	Saint John Paul	(67)	22:32.8	8:00.2
87 OLAGO, Maxim	733	Richmond Seco	(68)	22:39.7	8:07.1
88 MAHAL, Amritpal	215	Kwantlen Park	69	22:40.0	8:07.4
89 LU, Alex	732	Richmond Seco	(70)	22:52.8	8:20.2
90 SHEIKH-MOHAMAD,	250	LA Matheson M	-	23:06.0	8:33.4
91 AMAD, Saad	433	Queen Elizabet	-	23:07.3	8:34.7
92 BALLAGAN, Armaan	124	Fleetwood Park	(71)	23:08.8	8:36.2
93 GOITOM, Mikey	237	LA Matheson M	-	23:14.9	8:42.3
94 DOBROKHOTOV, Tim	85	Elgin Park Seco	-	23:23.9	8:51.3
95 GUO, Houze	681	Hugh Boyd Sec	72	23:28.1	8:55.5
96 SAARNI, Taiju	96	Elgin Park Seco	-	23:28.2	8:55.6
97 ZHANG, Peixu - Gordo	47	Earl Marriott Se	-	23:40.0	9:07.4
98 GARG, Adi	164	Grandview Heig	73	23:44.1	9:11.5
99 WANG, Eric	220	Kwantlen Park	(74)	23:49.4	9:16.8
100 XING, Johnny	72	Ecole Salish Se	75	23:50.0	9:17.4
101 HMOUD, Amro	292	Panorama Ridg	-	23:50.8	9:18.2
102 XIA, Steven	176	Grandview Heig	76	23:55.6	9:23.0
103 FRANCISCO, Markus	199	Holy Cross Reg	-	24:00.4	9:27.8
104 WANG, Leo	174	Grandview Heig	(77)	24:13.1	9:40.5
105 LU, Johnny	736	Richmond Seco	-	24:20.5	9:47.9
106 NGUYEN, Tristan	66	Ecole Salish Se	78	24:36.5	10:03.
107 DHALIWAL, Karan	127	Fleetwood Park	-	25:22.3	10:49.
108 DHARIWAL, Arjun	322	Seaquam Seah	(79)	25:31.6	10:59.
109 KAN, Vincent	60	Ecole Salish Se	(80)	25:35.1	11:02.
110 BASSI, Amolak	319	Seaquam Seah	-	25:43.9	11:11.
111 CHENG, Steven	731	Richmond Seco	-	26:02.6	11:30.
112 SHARMA, Manav	69	Ecole Salish Se	(81)	26:55.0	12:22.
113 NGUYEN, Andrew	734	Richmond Seco	-	27:36.5	13:03.
114 BYER, Kesler	306	Saint John Paul	(82)	27:49.6	13:17.
115 SINGH, Krishdeep	219	Kwantlen Park	(83)	28:02.1	13:29.
116 AGHEDO, Christian	445	Pacific Academ	(84)	28:06.8	13:34.
117 WIRTZ, Thomas	448	Pacific Academ	(85)	28:21.8	13:49.
118 REN, Allan	643	J.N. Burnett	-	28:32.9	14:00.
119 LU, Royce	438	Fleetwood Park	-	28:42.0	14:09.