

**Race #7**  
**WOMEN (U16) • 3 Kilometers (1.86 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

**U16**

Final Standings	Score	Scoring Order	Total
1 Vancouver Thunderbi	33	6-11-16	36:00
2 Valley Royals Track	35	4-12-19	36:34
3 Kajaks Track & Field	64	14-24-26	40:43
4 Ocean Athletics Trac	75	20-27-28	47:07

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 DOW, Alexa		263	Prairie Inn Harri	1	10:26.9	---
2 GOSSELIN, Delphine		314	Unattached Briti	2	10:48.8	21.9
3 WALLACE, Feron		73	Kamloops Trac	3	10:57.2	30.3
4 BUITELAAR, Adrianna		363	Valley Royals T	4	11:00.7	33.8
5 LIEFSOENS, Nelle		261	Powell River Tr	5	11:15.5	48.6
6 SYMON, Chloe		431	Vancouver Thu	6	11:16.2	49.3
7 MANZUIK, Peyton		228	Okanagan Athl	7	11:20.5	53.6
8 O'BRIEN, Rory		511	West Vancouve	8	11:33.2	1:06.3
9 GILLETTE, Brea		109	Nanaimo & Dist	9	11:41.2	1:14.3
10 SMITH, Aleah		79	Kootenay Chao	10	11:45.7	1:18.8
11 SAJJAN, Jeevut		428	Vancouver Thu	11	11:52.5	1:25.6
12 EPP, Maggie		365	Valley Royals T	12	12:10.4	1:43.5
13 GAUTHIER, Ava		108	Nanaimo & Dist	13	12:29.5	2:02.6
14 KUMP, Ruby		55	Kajaks Track &	14	12:33.0	2:05.1
15 RUNZER, Julia		326	Unattached Briti	15	12:41.3	2:14.4
16 RODWAY, Ava		426	Vancouver Thu	16	12:50.6	2:23.7
17 MILLER, Elise		510	West Vancouve	17	13:09.5	2:42.6
18 LENNON, Eilidh		36	Don Ross	18	13:15.6	2:48.7
19 HALWAS, Jasmine		366	Valley Royals T	19	13:22.1	2:55.2
20 MATHIS, Arden		157	Ocean Athletics	20	13:35.6	3:08.7
21 BLUMEL, Annette		32	Cowichan Valle	21	13:39.0	3:11.1
22 MAXWELL, Zoe		121	NorWesters Tra	22	13:42.8	3:15.9
23 ROBINSON, Kaelyn		325	Unattached Briti	23	13:42.8	3:15.9
24 VARMA-VITUG, Sofia		58	Kajaks Track &	24	13:48.9	3:22.0
25 VILLARIZA, Maria		1	AirBlastoff Lion	25	13:49.9	3:23.0
26 KLOSE, Keira		54	Kajaks Track &	26	14:20.7	3:53.8
27 OSTROSSER, Chloe		162	Ocean Athletics	27	14:27.7	4:00.8
28 BATEMAN, Kennedy		127	Ocean Athletics	28	19:03.7	8:36.8
-- DYCK, Mazzy		141	Ocean Athletics	-	DNF	
-- FORSYTH, Ava		404	Vancouver Thu	-	DNF	

**Race #8**  
**MEN (U16) • 3 Kilometers (1.86 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

**U16**

Final Standings	Score	Scoring Order	Total
1 Penticton Track & Fie	16	3-4-9	29:33
2 Valley Royals Track	22	5-6-11	30:02
3 Ocean Athletics Trac	34	2-15-17	30:28
4 Vancouver Thunderbi	55	14-18-23	31:27
5 Okanagan Athletics C	57	10-13-34	32:05
6 Nanaimo & District Tr	68	16-19-33	32:24
7 Coquitlam Cheetahs	83	24-29-30	32:54

**TEAM SCORING SUMMARY (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
36 HARBO, Owen		8	CLUB RAPIDE	36	11:49.9	2:25.4
37 KASSEL, Jonah		374	Valley Royals T	(37)	12:00.2	2:35.7
38 RASQUINHA, Samuel		379	Valley Royals T	(38)	12:01.9	2:37.4
39 JANG, Nickolas		470	Vancouver Thu	(39)	12:18.0	2:52.5
40 DETJEN, Kaiden		232	Okanagan Athl	(40)	12:32.9	3:08.4
41 KING, Charlie		195	Ocean Athletics	(41)	12:36.6	3:12.1
42 NELSON, Myles		96	Langley Mustan	42	12:36.9	3:12.4
43 WILKIE, Thomas		260	Penticton Track	(43)	13:56.5	4:32.0
-- PEARSON, Lucas		351	Unattached Briti	-		DNF
-- STEIGER, Tristan		382	Valley Royals T	-		DNF
-- SANDQUIST-SHERMA		275	Prairie Inn Harri	-		DNF
-- SPENCER, Davis		235	Okanagan Athl	-		DNF
-- MCINTOSH, Colin		27	Coquitlam Che	-		DNF
-- SNYMAN, Stephanus		215	Ocean Athletics	-		DNF
-- VAN ARKEL, Daniel		220	Ocean Athletics	-		DNF
-- MOON, Jordan		199	Ocean Athletics	-		DNF

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 MLOTSHWA, Lungelo		272	Prairie Inn Harri	1	9:24.5	---
2 SADA, Bernardo		210	Ocean Athletics	2	9:35.6	11.1
3 KUNKA, Peter		343	Penticton Track	3	9:39.3	14.8
4 HAYDEN, Miles		248	Penticton Track	4	9:40.2	15.7
5 MAY, Samuel		376	Valley Royals T	5	9:50.9	26.4
6 VAN SCHAGEN, Will		385	Valley Royals T	6	9:56.8	32.3
7 LOUWERSE, Noah		95	Langley Mustan	7	9:59.0	33.5
8 DENUX, Luc		269	Prairie Inn Harri	8	10:00.6	36.1
9 RAHKOLA, Maverik		256	Penticton Track	9	10:13.2	48.7
10 NEELS, Ryland		233	Okanagan Athl	10	10:13.2	48.7
11 GRAHAM, Miles		373	Valley Royals T	11	10:13.7	49.2
12 SIMMONDS, Riley		381	Valley Royals T	(12)	10:14.4	49.9
13 COLLINGWOOD, Cai		231	Okanagan Athl	13	10:16.5	52.0
14 CLARKE, Elijah		454	Vancouver Thu	14	10:17.2	52.7
15 NESTMANN, Henry		201	Ocean Athletics	15	10:22.5	58.0
16 O'HARA, Niall		117	Nanaimo & Dist	16	10:26.2	1:01.7
17 GEDDES, Jericho		188	Ocean Athletics	17	10:29.7	1:05.2
18 HARRIS, Jack		466	Vancouver Thu	18	10:30.5	1:06.0
19 BEAUDOIN, Rhys		112	Nanaimo & Dist	19	10:35.5	1:11.0
20 PATENAUDE, Maximili		350	Penticton Track	(20)	10:36.6	1:12.1
21 NAKANISHI, Arata		378	Valley Royals T	(21)	10:36.7	1:12.2
22 PEARSON, Lucas		520	Peninsula Trac	22	10:37.6	1:13.1
23 KLASSEN, Dixon		473	Vancouver Thu	23	10:39.0	1:13.5
24 BLAKE, Ethan		24	Coquitlam Che	24	10:40.5	1:16.0
25 SMITH, Benjamin		494	Vancouver Thu	(25)	10:40.6	1:16.1
26 PEREGRYM, Ethan		74	Kamloops Trac	26	10:44.6	1:20.1
27 BOOMER, Harris		447	Vancouver Thu	(27)	10:55.6	1:31.1
28 FRANEY, Egan		240	Peninsula Trac	28	11:04.5	1:40.0
29 THIELE-CROCKER, Bi		30	Coquitlam Che	29	11:05.9	1:41.4
30 BARRETT, Asher		23	Coquitlam Che	30	11:07.1	1:42.6
31 GRAHAM, William Hen		43	Golden Ears At	31	11:15.2	1:50.7
32 CHONG, Ethan		452	Vancouver Thu	(32)	11:20.6	1:56.1
33 NIXON, Lorenzo		116	Nanaimo & Dist	33	11:21.8	1:57.3
34 BERG, Scott		230	Okanagan Athl	34	11:34.6	2:10.1
35 GRAFF, Tre		60	Kajaks Track &	35	11:41.7	2:17.2

**Race #9**  
**WOMEN (U18) • 5 Kilometers (3.11 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

**U18**

Final Standings	Score	Scoring Order	Total
1 Ocean Athletics Trac	18	3-6-9	53:45
2 Coquitlam Cheetahs	30	4-5-21	56:54
3 Okanagan Athletics C	53	15-18-20	1:01:08

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 BROADBENT, Ruby		503	Victoria Speed	1	16:50.6	---
2 CLEMENT, Sidney		508	West Vancouve	2	17:08.5	17.9
3 HODGSON, Maella		147	Ocean Athletics	3	17:28.1	37.5
4 MADSEN, Ella		21	Coquitlam Che	4	17:33.2	42.6
5 KALNINS, Ella		20	Coquitlam Che	5	17:52.8	1:02.2
6 HACK, Mackenzie		143	Ocean Athletics	6	17:58.8	1:08.2
7 UNGER, Zoe		369	Valley Royals T	7	18:04.5	1:13.9
8 MATONOVICH, Raiya		71	Kamloops Trac	1	18:06.0	1:14.4
9 BAECHLER, Maya		396	Vancouver Thu	8	18:12.6	1:22.0
10 MCDONALD, Rachel		158	Ocean Athletics	9	18:18.1	1:27.5
11 KANG, Jaina		87	Langley Mustan	10	18:45.2	1:54.6
12 DUMAS, Gemma		140	Ocean Athletics	(11)	18:47.2	1:56.6
13 EAMES, Mady		264	Prairie Inn Harri	12	19:13.8	2:23.2
14 TITOVA, Anna-Veronik		173	Ocean Athletics	(13)	19:27.2	2:36.6
15 MARTIN, Haley		111	Nanaimo & Dist	14	19:38.4	2:47.8
16 MILLAR, Stephanie		229	Okanagan Athl	15	19:43.3	2:52.7
17 BORSA, Chyverne		6	CLUB RAPIDE	16	19:44.4	2:53.8
18 COYLE, Tessa		7	CLUB RAPIDE	17	19:49.3	2:58.7
19 GUARASCI, Maya		227	Okanagan Athl	18	20:02.8	3:12.2
20 ABRAHAM, Maya		77	Kootenay Chao	19	20:06.2	3:15.6
21 FIERBACH, Jenae		226	Okanagan Athl	20	21:21.2	4:30.6
22 CHOY, Nozomi Sophia		18	Coquitlam Che	21	21:27.7	4:37.1
23 HALLQUIST, Lily		33	Cowichan Valle	22	22:39.5	5:48.9
-- MAR, Sienna		156	Ocean Athletics	-	DNF	
-- KING, Lucie		150	Ocean Athletics	-	DNF	

**Race #10**  
**MEN (U18) • 5 Kilometers (3.11 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

**U18**

Final Standings	Score	Scoring Order	Total
1 Ocean Athletics Trac	11	1-3-7	47:55
2 Prairie Inn Harriers R	30	2-11-17	50:10
3 Vancouver Thunderbi	37	6-8-23	50:39
4 Valley Royals Track	50	9-13-28	51:56
5 West Vancouver Trac	52	14-16-22	51:50
6 Golden Ears Athletics	89	18-35-36	56:28
7 Kajaks Track & Field	95	26-32-37	57:51

**TEAM SCORING SUMMARY (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
36 PITZEY, Sam	44		Golden Ears At	35	19:19.4	3:56.4
37 EVANS, Aidan	42		Golden Ears At	36	19:48.5	4:25.5
38 BRIDSON, Elliot	59		Kajaks Track &	37	21:18.4	5:55.4
39 MARTLAND, Kai	482		Vancouver Thu	(38)	22:38.0	7:14.0
-- TOOLSIE-WORSNUP,	45		Golden Ears At	-		DNF
-- SIMONETTI, Edoardo	97		Langley Mustan	-		DNF
-- RELITZ, Daniel	209		Ocean Athletics	-		DNF
-- WALLE-JENSEN, Lind	497		Vancouver Thu	-		DNF
-- KLASSEN, Mitchell	474		Vancouver Thu	-		DNF

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 MULUGETA, Yemane	200		Ocean Athletics	1	15:24.0	---
2 BROWNE, Tyler	268		Prairie Inn Harri	2	15:59.9	36.9
3 NICOL, Connor	204		Ocean Athletics	3	16:00.7	37.7
4 IRVINE, Hudson	10		Coastal Track	4	16:06.4	43.4
5 GUNNINK, Andrew	91		Langley Mustan	5	16:07.4	44.4
6 HOLMES, Max	468		Vancouver Thu	6	16:12.4	49.4
7 HODGSON, James	192		Ocean Athletics	7	16:30.1	1:07.1
8 LANDA-AHN, Brandon	477		Vancouver Thu	8	16:42.2	1:19.2
9 LASCELLE, Mackenzie	375		Valley Royals T	9	16:42.2	1:19.2
10 WHEELER, Cole	31		Coquitlam Che	10	16:43.1	1:20.1
11 SEROWKA, Theo	276		Prairie Inn Harri	11	16:55.4	1:32.4
12 ERICKSON, Mitchell	82		Kootenay Chao	12	16:57.3	1:34.3
13 MOLINA, Mark	377		Valley Royals T	13	17:01.3	1:38.3
14 DOMMANN, Marten	515		West Vancouve	14	17:01.9	1:38.9
15 HAINES, Nicholas	190		Ocean Athletics	(15)	17:07.6	1:44.6
16 VAN DIJK, Oliver	517		West Vancouve	16	17:09.7	1:46.7
17 POWELL, Miles	274		Prairie Inn Harri	17	17:14.5	1:51.5
18 DIXON-LAWLESS, Luc	41		Golden Ears At	18	17:19.4	1:56.4
19 LIU, Joe	11		Coastal Track	1	17:21.8	1:58.8
20 PINSONNEAULT, Matt	255		Penticton Track	19	17:26.3	2:03.3
21 BRITTAIN, Steven	183		Ocean Athletics	(20)	17:32.0	2:08.0
22 O'BRIEN, Brendan	205		Ocean Athletics	(21)	17:35.6	2:12.6
23 DHILLON, Aman	514		West Vancouve	22	17:37.6	2:14.6
24 GURNEY, Ryan	465		Vancouver Thu	23	17:44.2	2:21.2
25 CROOME, Zachary	113		Nanaimo & Dist	24	17:46.1	2:23.1
26 WALLACE, Xavier	75		Kamloops Trac	25	17:47.1	2:24.1
27 KENNEDY, Zachary	63		Kajaks Track &	26	17:56.9	2:33.9
28 ZHANG, Tianyi	518		West Vancouve	(27)	18:08.3	2:45.3
29 WASSENAAR, Arie	386		Valley Royals T	28	18:12.5	2:49.5
30 MIYA, Rogelio	489		Vancouver Thu	(29)	18:21.1	2:58.1
31 RICHARDSON, Nate	493		Vancouver Thu	(30)	18:24.7	3:01.7
32 ROBERTSON, Trevor	516		West Vancouve	(31)	18:24.8	3:01.8
33 LAU, Trenton	64		Kajaks Track &	32	18:35.2	3:12.2
34 DHALIWAL, Rohin	513		West Vancouve	(33)	18:42.6	3:19.6
35 CAI, Justin	184		Ocean Athletics	(34)	18:46.6	3:23.6