



COVID-19 Cleaning Protocols

Ocean Athletics is committed to maintaining a safe and healthy environment for all Athletes, Coaches, Volunteers and other members. In the interest of this Ocean Athletics Health and Safety Officers will review the COVID 19-Protocols on a weekly basis to ensure all steps are both effective and necessary. Any changes necessary will be made to this document and posted on the Ocean Athletics website.

The following cleaning, sanitizing and or disinfecting supplies will be used:

- i. Hand sanitizer
- ii. Spray bottles, with disinfecting solution
- iii. Paper towels
- iv. Soap and water

All high touch surfaces will be regularly disinfected which consist of, but not limited to the following:

- i. Check in tables
- ii. Door handles
- iii. Throwing equipment (between athletes use)
- iv. Railings

All equipment will be only used by one participant per training session and it will be sanitized before and after the session. Some types of equipment include but are not limited to the following:

- i. Shot put
- ii. Discus
- iii. Javelin
- iv. Pole vault poles

Other measures:

- i. No training on mats (high jump and pole vault) until such time as an approved method of sanitization is determined and approved by BC Athletics
- ii. Sand Pits will only be used for run troughs and rakes handled by coaches only and sanitized before and after all sessions
- iii. If any athlete is to so training such as starts that requires hands touching the track surface, that area of the track will be sprayed with disinfectant
- iv. All coaches will be supplied with disinfectant spray to be used during any training